



# August

HBF County

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|
|    | <b>1</b><br>Chicken & Cranberry Salad<br>w/ Dressing<br>1c. Mixed Greens<br>1/2c. Pickled Beets<br>1 Breadstick<br>1/2c. Mandarin Oranges<br>Milk   | <b>2</b><br>Swiss Steak<br>w/ 2oz Onion Gravy<br>1/2c Whipped Potatoes<br>1/2c Diced Carrots<br>1 Wheat Bread<br>1/2c Blushed Pears<br>Milk   | <b>3</b><br>Hawaiian Pork Loin<br>1/2c Buttered Noodles<br>1/2c Island Blend Vegetables<br>Seasonal Fresh Fruit<br>Cookie<br>Chocolate Milk   | <b>4</b><br><b>50'S SOCK HOP!!</b><br><b>Cheeseburger</b><br><b>1/2c. Potato Wedges</b><br><b>1/2c. Fruit Mix</b><br><b>Hamburger Bun</b><br><b>Root Beer Float Cake</b><br><b>Milk</b>  |
| <b>7</b><br>Roast Beef w/ Gravy<br>1/2c Mashed Potatoes<br>1/2c Mixed Vegetable<br>1 White Bread<br>1/2c Pudding<br>Milk                           | <b>8</b><br><b>TAILGATE DAY!!</b><br><b>Stadium Hot Dog</b><br><b>1/2c. Loaded Potatoes</b><br><b>1/2c. Broccoli Salad</b><br><b>Hot Dog Bun</b><br><b>1/2c. Fresh Melon</b><br><b>Milk</b>  | <b>9</b><br>Grilled Chicken w/ BBQ Packet<br>1/2c. Rice Pilaf<br>1/2c. Carrots<br>Wheat Bread<br>Fresh Orange<br>Milk   | <b>10</b><br>Western Omelet<br>w/ Ham, Peppers, Onions, Cheese<br>1 Sausage Patty<br>1/2c Breakfast Potatoes<br>1 English Muffin w/ Jelly<br>4oz Apple Juice<br>Chocolate Milk  | <b>11</b><br>Chef Salad (Ham, cheese)<br>Mixed Greens w/<br>Tomato & Hardboiled Egg<br>1c.Bean Soup w/Crackers<br>1 Dinner Roll<br>1/2c. Pineapple<br>Milk  |
| <b>14</b><br>Pasta & Meatballs (4)<br>1/2c Pasta w/ Marinara<br>1c Tossed Salad w/ Tomato<br>1 Garlic Breadstick<br>1/2c Mixed Fruit Salad<br>Milk | <b>15</b><br>Pork Loin w/ country gravy<br>1/2c Diced Redskin Potatoes<br>1/2c Green Beans<br>1 Dinner Roll<br>1/2c Pineapple Tidbits<br>Cookie<br>Milk   | <b>16</b><br>Chicken Cacciatore<br>(2oz Tomato Sauce, Peppers, Onions)<br>1/2c. Blended Rice Pilaf<br>1/2c Brussels Sprouts<br>1 Breadstick<br>1/2c Applesauce<br>Milk  | <b>17</b><br>Pot Roast w/ Gravy<br>1/2c Mashed Potatoes<br>1/2c Coin Carrots<br>1 Italian Bread<br>1/2c Peach Crisp<br>Chocolate Milk   | <b>18</b><br>Southern Seafood Cake<br>1/2c Parmesan Garlic Noodles<br>1/2c Peas<br>1 Wheat Bread<br>Seasonal Fresh Fruit<br>Milk  |
| <b>21</b><br>Salisbury Steak w/ Gravy<br>Baked Potato w/ Margarine<br>1/2c Broccoli<br>1 Wheat Bread<br>1/2c Gelatin<br>Milk                       | <b>22</b><br>Swedish Meatballs (4) w/ Gravy<br>1/2c Buttered Noodles<br>1/2c Peas<br>1 Dinner Roll<br>Seasonal Fresh Fruit<br>Milk  | <b>22</b><br><b>SMOKEHOUSE DAY!!</b><br><b>Smoky BBQ Burger w/ crispy onions</b><br><b>1/2c Creamy Coleslaw</b><br><b>1/2c Green Beans w/ bacon pcs.</b><br><b>1 Sandwich Roll</b><br><b>Seasonal Fresh Fruit</b><br><b>Milk</b>              | <b>24</b><br>Roasted Pork w/ Peach Glaze<br>1/2c Whipped Potatoes<br>1/2c Mixed Vegetables<br>1 Wheat Bread<br>Cookie<br>Chocolate Milk   | <b>25</b><br>Stuffed Pepper<br>w/ 2oz Sauce<br>1/2c Garlic Whipped Potatoes<br>1/2c Carrots<br>1 White Bread<br>Seasonal Fresh Fruit<br>Milk  |
| <b>28</b><br>Baked Pollock<br>1/2c Macaroni & Cheese<br>1/2c Stewed Tomatoes<br>1 Wheat Bread<br>1/2c Mandarin Oranges<br>Milk                     | <b>29</b><br>Taco Salad<br>(3oz Taco Meat, .5oz Cheddar,<br>Lettuce, Tomato, Salsa)<br>Tortilla Chips<br>1/2c Corn w/ Pimentos<br>1/2c Pineapple<br>Milk  | <b>30</b><br>1c. Pizza Casserole<br>1c Tossed Salad<br>1/2c Green Beans<br>1 Italian Bread<br>1/2c Applesauce<br>Milk<br><i>*menu subject to change</i>  | <b>31</b><br><b>Travel Day!!!!</b><br><b>Destination: Greece</b><br><b>Chicken Gyro's</b><br><b>w/ lettuce, tomato, onion</b><br><b>Pita Bread</b><br><b>Greek Chopped Veg. Salad</b><br><b>1/2c. Rice Pudding</b><br><b>Chocolate Milk</b> |    |